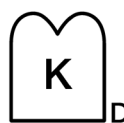


# Oven Ready Whole Grain Potato Crunch Alaska Pollock Fillets 3.6 oz

# 06533C

LOT#: 1234567890



EST. # 045

CN 100587  
ONE 3.60 OZ WHOLE GRAIN POTATO CRUNCH FISH PORTION  
PROVIDES 2.00 OZ EQUIVALENT MEAT AND 0.50 OZ EQUIVALENT  
GRAIN FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS.  
(USE OF THIS LOGO AND STATEMENT AUTHORIZED BY THE FOOD  
AND NUTRITION SERVICE, USDA 10/2023)  
CN

## COOKING INSTRUCTIONS FROM FROZEN:

**TO BAKE:** PLACE FROZEN PORTIONS ON A LIGHTLY OILED SHEET PAN.

**CONVECTION OVEN:** PREHEAT OVEN TO 400°F AND BAKE FOR 12-14 MINUTES.

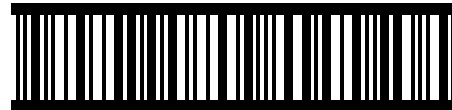
**CONVENTIONAL OVEN:** PREHEAT OVEN TO 450°F AND BAKE FOR 14-16 MINUTES.

**NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUM.**

**INGREDIENTS:** 71.5% ALASKA POLLOCK; 28.5% BATTER AND BREADING: POTATOES, WHOLE WHEAT FLOUR, CANOLA OIL, WATER, CONTAINS 2% OR LESS OF: WHOLE YELLOW CORN MEAL, ENRICHED YELLOW CORN FLOUR (CORN FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), YELLOW CORN FLOUR, SALT, CORN STARCH, SUGAR, WHEY, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE), YEAST, NATURAL FLAVOR. PAR-FRIED IN CANOLA OIL, COTTONSEED OIL, AND/OR SOYBEAN OIL.

**CONTAINS:** POLLOCK (FISH), WHEAT, MILK

## NET WT 10.35 Lb (4.70 kg)



10035493065332



From an MSC certified  
sustainable fishery.  
[www.msc.org](http://www.msc.org)  
MSC-C-50552

™ Used under license.

# 06533C



10035493065332

INDIVIDUALLY  
QUICK FROZEN

KEEP FROZEN

DO NOT  
REFREEZE

MANUFACTURED BY: HIGH LINER  
FOODS, PORTSMOUTH, NH 03801  
FOR INQUIRIES CALL: 1-888-860-3664  
[www.highlinerfoodservice.com](http://www.highlinerfoodservice.com)

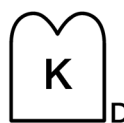
™Trademark of High Liner Foods  
Incorporated

2566319

# Oven Ready Whole Grain Potato Crunch Alaska Pollock Fillets 3.6 oz

# 06533C

LOT#: 1234567890



EST. # 002

CN 100600  
ONE 3.60 OZ WHOLE GRAIN POTATO CRUNCH FISH PORTION  
PROVIDES 2.00 OZ EQUIVALENT MEAT AND 0.50 OZ EQUIVALENT  
GRAIN FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS.  
(USE OF THIS LOGO AND STATEMENT AUTHORIZED BY THE FOOD  
AND NUTRITION SERVICE, USDA 10/2023)  
CN

## COOKING INSTRUCTIONS FROM FROZEN:

**TO BAKE:** PLACE FROZEN PORTIONS ON A LIGHTLY OILED SHEET PAN.

**CONVECTION OVEN:** PREHEAT OVEN TO 400°F AND BAKE FOR 12-14 MINUTES.

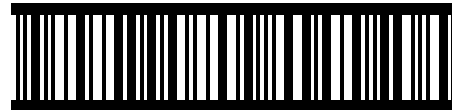
**CONVENTIONAL OVEN:** PREHEAT OVEN TO 450°F AND BAKE FOR 14-16 MINUTES.

**NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUM.**

**INGREDIENTS:** 71.5% ALASKA POLLOCK; 28.5% BATTER AND BREADING: POTATOES, WHOLE WHEAT FLOUR, CANOLA OIL, WATER, CONTAINS 2% OR LESS OF: WHOLE YELLOW CORN MEAL, ENRICHED YELLOW CORN FLOUR (CORN FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), YELLOW CORN FLOUR, SALT, CORN STARCH, SUGAR, WHEY, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE), YEAST, NATURAL FLAVOR. PAR-FRIED IN CANOLA OIL, COTTONSEED OIL, AND/OR SOYBEAN OIL.

**CONTAINS:** POLLOCK (FISH), WHEAT, MILK

## NET WT 10.35 Lb (4.70 kg)



10035493065332



From an MSC certified  
sustainable fishery.  
[www.msc.org](http://www.msc.org)  
MSC-C-50552

™ Used under license.

# 06533C



10035493065332

INDIVIDUALLY  
QUICK FROZEN

KEEP FROZEN

DO NOT  
REFREEZE

MANUFACTURED BY: HIGH LINER  
FOODS, PORTSMOUTH, NH 03801  
FOR INQUIRIES CALL: 1-888-860-3664  
[www.highlinerfoodservice.com](http://www.highlinerfoodservice.com)

™Trademark of High Liner Foods  
Incorporated

2566319