HIGH LINER

# Oven Ready Breaded Pollock Rectangles 40 - 4 oz Par Fried Fish

INDIVIDUALLY QUICK FROZEN KEEP FROZEN

DO NOT REFREEZE



2566036

INGREDIENTS: 67.0% POLLOCK [FISH WATER, SODIUM TRIPOLYPHOSPHATE (TO RETAIN MOISTURE)]; 33.0% BATTER AND BREADING: ENRICHED WHEAT FLOUR (FLOUR, NACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED YELLOW CORN FLOUR (CORN FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CORN STARCH, CONTAINS 2% OR LESS OF: SALT, WATER, DEXTROSE, YEAST, CELLULOSE GUM, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), EXTRACTIVES OF AN VATO AND PAPRIKA (COLOR), NATURAL FLAVOR. PREFRIED IN CANOLA, COTTONSEED, AND/OR SOYBEAN OIL.

CONTAINS: FISH (POLLOCK), WHEAT

MANUFACTURED BY: HIGH LINER FOODS, PORTSMOUTH, NH 03801 FOR INQUIRIES CALL: 1-888-860-3664

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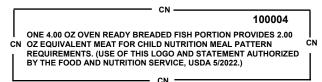
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## LOT #: 1234567890

#### **COOKING INSTRUCTIONS FROM FROZEN:**

TO BAKE: Place frozen portions on a lightly oiled sheet pan. CONVENTIONAL OVEN: Preheat oven to 425°F and bake for about 20 minutes. CONVECTION OVEN: Preheat oven to 400°F and bake for about 18 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUM.



DISCLAIMER: This product contains grains that are not creditable in school meal programs. Additional grains must be served to meet meal pattern requirements.



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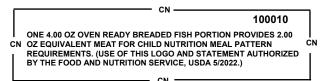
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